

Nappy Changing Policy

This policy sets out the clear principles and guidance with supporting children's needs, specific preference to nappy changing.

Our Aims:

- To safeguard the rights and promote the welfare of children.
- To provide guidance and reassurance to staff who are required to change a child's nappy.
- To assure parent/ carers that staff are knowledgeable about personal care and their individual concerns are taken into account.
- To protect children from discrimination, and ensure inclusion for all.

The vulnerability to abuse:

We will ensure that all staff at Springboard nursery are familiar with all our safeguarding children policies and are confident understanding our procedures to protect any child from abuse.

Working with parent/ carers as partners:

- Parent/ carers will be asked if their child has a dislike to nappy changing, whether they prefer to be on the floor or on our changing facilities, whether their child has any key words/ hand gestures they use for nappy changing times.
- All nappy changes are recorded throughout the day and feedback will be given on a night, making extra notes if the child seems to be sore/ been dry most of the day.
- We work with parent/ carers when toilet training their child please see our toilet training policy.

Nappy changing procedure:

At Springboard nursery we will follow the nappy changing procedure below:

- Gather all necessary items you will need before the nappy change e.g. child's nappy, spare set of clothes, wipes, gloves, apron, nappy bag and the child's labelled cream.
- Wash and dry your hands.
- Put on your gloves and apron. (each nappy change to a new pair of gloves and apron) Practitioners can use personal preference when wearing gloves. If the practitioner wishes not to do so, then they must thoroughly wash their hands after each nappy change.
- Place the child on the nappy changing facilities. (staff member will NOT leave the child unattended at any point)
- Remove any trousers/vest to access the nappy
- Remove the child's nappy, placing the nappy in a nappy bag.
- If a child's clothes are soiled you should bag those separately and place them in the child's nursery bag to go home with them when leaving Springboard nursery.
- Using their wipes/ cotton wool and warm water, clean the child from front to back placing used wipes/ cotton wool in the nappy bag. Tie the nappy bag and place in the nappy bin.
- Put a clean nappy on the child applying cream if necessary.

Springboard Nursery, Policies and Procedures

- Take off your gloves and apron placing them in the nappy bin.
- Redress the child.
- Take the child to the nappy changing facilities encouraging and helping them to wash their hands, you also wash your hands with soap and warm water.
- Using antibacterial spray and paper towels – wipe down the changing mat and surrounding area.
- Take the child back to the play room.
- No parent/ carer or visitors are prohibited to be in the nappy changing areas when another child is receiving personal hygiene care.

Nappy changing procedure on outings:

- In the event a child needs their nappy changing on an outing the staff member will change the child following the same procedure as above. All required items will be taken in a big bag – each individual child's labelled.
- Any nappy changing will have to be used in the public provided facilities – this MUST be a designated baby changing area e.g. tesco/ the deep. The area must be secure with privacy.

This policy was implemented by Springboard Management Team: please note all policies and procedures will be reviewed on a yearly basis, unless there is a need to implement changes prior. Please note any updates and changes will be forwarded by email.

Date: 01.09.2023