

## **Breast Feeding Policy**

All mothers with children of breastfeeding age who attend the nursery will have access to clear and impartial information to enable them to continue to breastfeed/ provide expressed breast milk whilst their child attends the nursery.

Members of staff will not discriminate against any woman in her chosen method of infant feeding and will fully support the choice the mother has made.

Breast milk must be stored and prepared under the correct conditions for the safety and health of the child.

The following procedures must be followed by both the mother and the staff to enable expressed milk to be given to an infant attending the nursery. Mothers wishing to bring expressed breast milk into the nursery should be aware of this policy and given a copy upon request.

### **Responsibilities of the nursery are as follows:**

- Breastmilk must be stored in the main body of the fridge (not in the door). The facility must be set between 0-4 degrees centigrade (this is checked daily through the kitchens temperature checks).
- The milk must be used in date order.
- When stored, the cream and the milk may separate out. This is normal. Shaking the bottle is not necessary.
- Acknowledge that breast milk may not always be white in colour. A blue, pink or yellow is normal and does not indicate a problem with the milk.
- Only re heat breastmilk by standing the bottle in hot water ensuring water doesn't enter the bottle when warming as this will contaminate the milk
- Any unused milk must be disposed of after the feed

### **Responsibilities of the mother:**

- Breast milk can be expressed by hand or pump (electric or manual) .
- Breast milk must be handled and stored carefully to reduce cross infection.
- Breast milk should be brought into the setting in appropriate sterilised bottles/container.
- The bottles must be clearly labelled with the following:
  - Mother's name
  - Childs name
  - Date and time expressed
  - Frozen, date the breastmilk was removed from freezer

### **Breastfeeding on nursery premises:**

- Springboard Nursery will provide a quiet space with an appropriate chair for the mother to use to feed her infant.
- Hand washing and toilet facilities should be made available for the mother to use.
- The mother should give the setting prior notice of when she intends to attend to feed her baby.

Upon first visit and induction, parents of a breastfeeding infant will be made aware that the setting is breast feeding friendly and a copy of the policy made available.

## Springboard Nursery, Policies and Procedures



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This policy was implemented by Springboard Management Team: please note all policies and procedures will be reviewed on a yearly basis, unless there is a need to implement changes prior. Please note any updates and changes will be forwarded by email.

Date: 01.09.2022